

Could YOU Do It?

January 2010

Greetings CKI!

On average, 1 out of 5 families in under-developed countries will make a meal for the entire family for under \$1. That's right, I said \$1.

With this information, I have a challenge for yourself and two other members of your club. One member will act as the father, one as the mother and one as the child. Here is what you need to buy at the store (remember, it cannot be over \$1) –

- Instant Noodles
- Frozen Vegetables
- Egg

Make this meal and serve to your family, with the child getting the most, the mother the second most and the father the least. Nothing else for the entire day; just this meal.

Imagine this meal everyday and sometimes, you don't even have \$1 to get what you need to feed your family.

I created this Educational Piece to show a club just what exactly happens to the children of the world who go hungry and whose parents are actually trying to provide the best for their family.

What can you do to help? Hold a food drive and take the food to a local food pantry. Most people in the United States are not this bad off but if the food pantries don't have the food on their shelves, this could become a reality.

As always, if you have any questions, please feel free to contact me anytime.

Yours,

Toby Markham

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2009-2010 Service Ambassador to Students Team Up to Fight Hunger

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